

## At a glance

Insightful and up-to-date: entertaining reports, valuable consumer information and a high-quality TV programme. From health advice to tips on money, law, travel and beauty.



### Print

Coverage	1.18 mill. (ma 2026/I)
Paid Circulation	168,414 (IVW 1/2026)
Frequency	weekly
Basic Rate 2026	EUR 35,350
Copypreis	2.20 EUR

