

EXTRA

Mit magischem
Mond-Kalender
S. 38

Ich fühl mich gut!

Avanti

NEU in Avanti
**Noch mehr
Rätsel-Spaß**
+ Übersichtliche
Auflösungen

SPITZE!
Tolle Rätsel & Preise
im Wert von über
7800 €

Von Geh-Training bis Wechseldusche

Gesunde Beine ein Leben lang

S. 30

Der Stoffwechsel-Turbo

Schnell schlank mit Geflügel

S. 6

Gut vorbereitet für die Zukunft

So erkennen Sie ein gutes Seniorenheim

S. 2

**GULASCH &
RAGOUT**

HERRLICH DEFTIG S. 8

TECHNIK

Schutz vor
Daten-
Dieben

S. 12

Gemütliche
Deko-Stars

S. 34

Schätze aus
dem Wald

BLECHKUCHEN S. 10







Print-Prices
2027



Discount combinations

BAUER BEST AGE KOMBI

NEUE POST, DAS NEUE BLATT, FREIZEITWOCHE,
DAS NEUE, MACH MAL PAUSE, MINI, AVANTI,
SCHÖNE WOCHE, WOCHE HEUTE



Combination
savings*

18,7%

BAUER MILLIONEN SUPERKOMBI

NEUE POST, DAS NEUE BLATT, DAS NEUE,
MACH MAL PAUSE, FREIZEITWOCHE, MINI, AVANTI,
SCHÖNE WOCHE, WOCHE HEUTE, TV HÖREN UND
SEHEN, FERNSEHWOCHE, AUF EINEN BLICK,
TV KLAR



Combination
savings*

21,7%

Rates and formats



Formats on single pages

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
1/1	normal	inner	210 x 280	4,190
3/4	vertical	inner	153 x 280	3,270
3/4	horizontal	inner	210 x 205	3,270
1/2	vertical	inner	103 x 280	2,330
1/2	horizontal	inner	210 x 139	2,330
1/3	vertical	inner	70 x 280	1,710
1/3	horizontal	inner	210 x 94	1,710
1/4	vertical	inner	53 x 280	1,300
1/4	horizontal	inner	210 x 73	1,300

Formats on double pages

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
2/1	normal	inner	420 x 280	8,380
2*1/2	horizontal	inner	420 x 139	4,660

Reservations for preferred positions expire if a written space order has not been submitted no later than two weeks prior to advertising closing. Furthermore, we reserve the right to give the preferred position to another advertiser who submits a written space order if the advertiser holding a reservation does not submit a written space order within three working days.

Special formats and advertising splits on request.

All rates are shown in euros; the rates are in effect from 1 January 2027 for bookings through RTL AdAlliance; value added tax will be charged on the net invoice amount if applicable.

Special ad formats



Loose inserts			Oversize-inserts	
Definition	Loose inserts are products which are supplied ready for loosely inserting in the magazine with the closed side to the binding edge. The maximum weight must be determined in advance. Product samples on request.		Oversize loose inserts extend outside the head of the issue (headers). They are loosely inserted in the magazine with the closed side to the binding edge. The maximum weight is subject to agreement.	
Rates per 1,000	Weights up to	Total without Subs	Weights up to	Total without Subs
	20 g	77	20 g	96
	30 g	82	30 g	126
	40 g	87	every addl. 10 g	+30
	50 g	92		
	60 g	102		
	every addl. 10 g	+15		
	Loose inserts with tip-on elements on request.		*Plus 70 EUR per 1,000 postal fees.	
Circulation	Minimum circulation: domestic circulation		Minimum circulation: domestic circulation	

Glued inserts				Bound inserts	
Definition	Glued (tip-on) inserts are products which are supplied ready for processing and glued to a carrier ad so that they can be easily removed by the reader.			Bound inserts are printed materials/brochures from a single advertiser that are firmly bound into the issue. They can either be delivered ready for processing or produced by us on request.	
Rates per 1,000	Special ad format	Weights up to	Total without Subs	Pages	Total without Subs
	Booklet	10 g	55	4	72
	Booklet	20 g	59	8	77
	every addl. 10 g		+15	12	82
	Product sample	10 g	60	16	84
	Product sample	20 g	70	every addl. 4 pages	+12
	Other tip-ons on request.			Bound inserts with tip-on elements on request.	
Circulation	Minimum circulation: domestic circulation Carrier ad: minimum full page in the total circulation (rate according to rate card)			Minimum circulation: domestic circulation	

Price Quotes	Rates per thousand copies started. Rates for special ad formats may increase if their processing causes problems. Special ad formats from more than one advertiser are possible following special agreement. Weight-related postal fees charged by the German Post for booking the subscription circulation are included in these prices. If the minimum booking quantity is not reached, the minimum booking quantity is used as the basis for calculating the price.
Circulation	For technical reasons the booked circulations are subject to fluctuation. For this reason the quantity of special ad formats actually required must be determined when placing the order. Different versions in the same issue are only possible on request.
Technical Information and Delivery	Binding technical information, deadlines, samples, as well as delivery can be downloaded from www.adspecial-portal.de . An inquiry regarding the circulation can also be placed through the portal. In the event of any processing difficulties, the completion of the circulation takes precedence over the special ad format.
Print Service	On request, the special ad formats can be produced by the publisher. Prices on request.
The total prices also apply when booking the domestic circulation. All rates are shown in euros; the rates are in effect from 1 January 2027 for bookings through RTL AdAlliance; value added tax will be charged on the net invoice amount if applicable.	

Closing date schedule



Issue No.	On Sale Date	Calendar Week	Ad Closing, Copy & Cancellation Date	Special Ad Formats Closing & Cancellation Date	Special Ad Formats Delivery Date
2/2027	06/01/2027	01	23/11/2026	23/11/2026	16/12/2026
3/2027	13/01/2027	02	01/12/2026	01/12/2026	28/12/2026
4/2027	20/01/2027	03	08/12/2026	08/12/2026	06/01/2027
5/2027	27/01/2027	04	15/12/2026	15/12/2026	13/01/2027
6/2027	03/02/2027	05	22/12/2026	22/12/2026	20/01/2027
7/2027	10/02/2027	06	04/01/2027	04/01/2027	27/01/2027
8/2027	17/02/2027	07	11/01/2027	11/01/2027	03/02/2027
9/2027	24/02/2027	08	18/01/2027	18/01/2027	10/02/2027
10/2027	03/03/2027	09	25/01/2027	25/01/2027	17/02/2027
11/2027	10/03/2027	10	01/02/2027	01/02/2027	24/02/2027
12/2027	17/03/2027	11	08/02/2027	08/02/2027	03/03/2027
13/2027	23/03/2027	12	12/02/2027	12/02/2027	09/03/2027
14/2027	31/03/2027	13	18/02/2027	18/02/2027	15/03/2027
15/2027	07/04/2027	14	25/02/2027	25/02/2027	22/03/2027
16/2027	14/04/2027	15	04/03/2027	04/03/2027	31/03/2027
17/2027	21/04/2027	16	11/03/2027	11/03/2027	07/04/2027
18/2027	27/04/2027	17	17/03/2027	17/03/2027	13/04/2027
19/2027	04/05/2027	18	24/03/2027	24/03/2027	20/04/2027
20/2027	12/05/2027	19	02/04/2027	02/04/2027	27/04/2027
21/2027	19/05/2027	20	08/04/2027	08/04/2027	03/05/2027
22/2027	26/05/2027	21	15/04/2027	15/04/2027	11/05/2027
23/2027	02/06/2027	22	21/04/2027	21/04/2027	19/05/2027
24/2027	09/06/2027	23	28/04/2027	28/04/2027	26/05/2027
25/2027	16/06/2027	24	05/05/2027	05/05/2027	02/06/2027
26/2027	23/06/2027	25	13/05/2027	13/05/2027	09/06/2027
27/2027	30/06/2027	26	21/05/2027	21/05/2027	16/06/2027
28/2027	07/07/2027	27	31/05/2027	31/05/2027	23/06/2027
29/2027	14/07/2027	28	07/06/2027	07/06/2027	30/06/2027
30/2027	21/07/2027	29	14/06/2027	14/06/2027	07/07/2027
31/2027	28/07/2027	30	21/06/2027	21/06/2027	14/07/2027
32/2027	04/08/2027	31	28/06/2027	28/06/2027	21/07/2027
33/2027	11/08/2027	32	05/07/2027	05/07/2027	28/07/2027
34/2027	18/08/2027	33	12/07/2027	12/07/2027	04/08/2027
35/2027	25/08/2027	34	19/07/2027	19/07/2027	11/08/2027
36/2027	01/09/2027	35	26/07/2027	26/07/2027	18/08/2027
37/2027	08/09/2027	36	02/08/2027	02/08/2027	25/08/2027
38/2027	15/09/2027	37	09/08/2027	09/08/2027	01/09/2027
39/2027	22/09/2027	38	16/08/2027	16/08/2027	08/09/2027
40/2027	29/09/2027	39	23/08/2027	23/08/2027	15/09/2027
41/2027	06/10/2027	40	30/08/2027	30/08/2027	22/09/2027
42/2027	13/10/2027	41	06/09/2027	06/09/2027	29/09/2027
43/2027	20/10/2027	42	13/09/2027	13/09/2027	06/10/2027
44/2027	27/10/2027	43	20/09/2027	20/09/2027	13/10/2027
45/2027	03/11/2027	44	24/09/2027	24/09/2027	19/10/2027
46/2027	10/11/2027	45	01/10/2027	01/10/2027	26/10/2027
47/2027	17/11/2027	46	08/10/2027	08/10/2027	03/11/2027
48/2027	24/11/2027	47	15/10/2027	15/10/2027	10/11/2027
49/2027	01/12/2027	48	22/10/2027	22/10/2027	17/11/2027
50/2027	08/12/2027	49	29/10/2027	29/10/2027	24/11/2027
51/2027	15/12/2027	50	08/11/2027	08/11/2027	01/12/2027
52/2027	21/12/2027	51	12/11/2027	12/11/2027	07/12/2027
1/2028	28/12/2027	52	18/11/2027	18/11/2027	13/12/2027

General information



Publisher	Heinrich Bauer Verlag KG
Marketers	RTL AdAlliance S.A., Headquarters Luxembourg, 43, Boulevard Pierre Frieden, L-1543 Luxembourg, www.rtl-adalliance.com
Order Processing	E-Mail: print-order@ad-alliance.de
Ad Management	E-Mail: print-placements@ad-alliance.de Phone: +49 (0) 40 / 286686-4828
Special Ad Formats	Email: print-adspecials@ad-alliance.de Phone: (+49-40) 286686-4348
COPY MATERIAL	Email: anzeigen@bertelsmann.de Phone: (+49-5241) 80 - 897 00
	Technical Specifications: Current and binding English-language information is available under: www.duon-portal.de Delivery of Copy Material: The centralized delivery address for copy material is: www.duon-portal.de For support please contact: support@duon-portal.de Telephone hotline: (+49-40) 37 41 - 17 50
	Binding technical specifications for special ad formats are available online at www.adspecial-portal.de
FREQUENCY	weekly
ON SALE DATE	Wednesday
COVER PRICE	1.19 EUR
PZN	AVANTI 523003
Conditions of Payment	Payment is due within 45 days after invoicing. A 2 % discount is granted for payments within 10 days after invoicing, provided no other amounts are outstanding. Special discounts are not eligible for a prepayment discount. An automatic bank debit transfer can be arranged. If an outstanding amount is not paid by the date of required payment, all other outstanding amounts are immediately due regardless of any payment agreements which had been previously made. Penalty interest on arrears will be charged according to Section 8 of the General Conditions of Business and based on current bank interest rates for running account credits.
Conditions of Business	The distribution area of the booked print magazine(s) is worldwide. Ad Alliance GmbH reserves the right to restrict or exclude the distribution of advertisements/ad specials in foreign distribution areas in accordance with standardised, objectively justified principles. Ad Alliance GmbH will inform the client of this in advance. All business conducted is subject to the Publisher's Conditions of Payment and Terms of Trade which are available from the publisher or under www.internationalmediasales.net/cob . Tax regulations require that you include your Company Tax Number and/or Turnover Tax ID when placing an advertising space order.

THE INFORMATION CONTAINED IN THIS RATE CARD IS SUBJECT TO CHANGE DURING THE COURSE OF THE YEAR. A CURRENT RATE CARD CAN BE FOUND UNDER WWW.INTERNATIONALMEDIASALES.NET. THE ENGLISH RATE CARD IS A TRANSLATION OF THE CURRENTLY VALID GERMAN RATE CARD. IN THE EVENT OF DISCREPANCIES, INACCURACIES OR OMISSIONS IN THIS TRANSLATION, THE GERMAN ORIGINAL RETAINS SOLE VALIDITY.



Member of
Informationsgemeinschaft zur Feststellung
der Verbreitung von Werbeträgern e.V.
(German Audit Bureau of Circulation)

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You can find the current media portfolio at www.ad-alliance.de.
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Executive Board: Frank Vogel, Stephan Schmitter

RTL AdAlliance is in charge of the international marketing of the Ad Alliance portfolio.



The General Terms and Conditions of Ad Alliance GmbH apply,
which can be found at <https://www.ad-alliance.de/terms-conditions>

Ad Alliance is the marketing division of RTL Deutschland and is responsible for marketing the channels and services of RTL Deutschland, the Bauer Media Group, and the video and addressable TV network of RTL AdAlliance. As a service provider, Ad Alliance markets print brands and Media Impact's digital in-page brands, and as a proprietary trader, it markets Media Impact's digital in-stream brands, selected print and digital brands of the FUNKE Media Group, and Warner Bros. Discovery's HBO Max streaming service.

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<https://www.mediaimpact.de/en/general-terms-and-conditions/>, unless otherwise indicated.