# BELLA

## The number one well-being magazine for conscious women aged 40+

BELLA is an inspiration and catalyst for conscious living readers. It is the women's magazine for well-being and provides everything that nurtures the body and soul. BELLA informs every week about trends that make life even more beautiful.
It is designed specifically for conscious women aged 40 and above.

### Print

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| Coverage[1] | 1,237,329 |
| Paid Circulation[2] | 218,607 |
| Frequency | weekly |




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