



TINA | BELLA

# Tina Plus

Prices  
2026



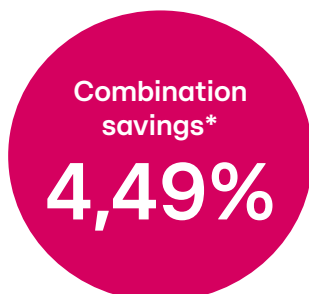


## Discount combinations

TINA BELLA LAURA Kombination



TINA BELLA LAURA ALLES FÜR DIE FRAU  
Kombination



### Subsequent discount

For additional bookings in MEIN TV & ICH you will receive a follow-up discount of 20 %.



\* See combination tariff for details

## Formats on single pages

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
1/1	normal	inner	210 x 280	50,930
1/1	normal	inside front cover	210 x 280	56,020
1/1	normal	outside back cover	210 x 280	56,020
3/4	vertical	inner	153 x 280	43,640
3/4	horizontal	inner	210 x 205	43,640
1/2	vertical	inner	103 x 280	33,510
1/2	horizontal	inner	210 x 139	33,510
1/3	vertical	inner	70 x 280	26,750
1/3	horizontal	inner	210 x 94	26,750
1/4	vertical	inner	53 x 280	20,580
1/4	horizontal	inner	210 x 73	20,580

## Formats on double pages

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
2/1	normal	inner	420 x 280	101,860
2*1/2	horizontal	inner	420 x 139	50,930

Reservations for preferred positions expire if a written space order has not been submitted no later than two weeks prior to advertising closing. Furthermore, we reserve the right to give the preferred position to another advertiser who submits a written space order if the advertiser holding a reservation does not submit a written space order within three working days.

Special formats and advertising splits on request.

### ADVERTORIALS

Advertorials are charged according to the currently valid advertising rate plus creation costs, and are included in a contractual year for discount purposes.

### CREATION COSTS

(incl. concept, copy and layout, not incl. photo rights and photo productions)

Double page: 3,500

Full page: 2,900

1/2 page: 2,200

1/3 page: 1,900

Plus any image fees incurred, if these exceed €150.

Additional formats available on request. We will be happy to prepare an individual offer for photo productions, creation of recipes, text writing etc. Advertorials are marked with the word "ANZEIGE" (Advertisement). Creation costs are not eligible for agency commission or discounts.

We require briefing, image and text materials no later than three weeks prior to the deadline for copy material – see also Closing Date Schedule. Timing for individual photo productions, creation of recipes, text writing etc. on request.

All rates are shown in euros; the rates are in effect from 1 January 2026 for bookings through RTL AdAlliance; value added tax will be charged on the net invoice amount if applicable.

<b>Loose inserts</b>						<b>Oversize-inserts</b>					
<b>Definition</b>	Loose inserts are products which are supplied ready for loosely inserting in the magazine with the closed side to the binding edge. The maximum weight must be determined in advance. Product samples and CDs on request.					Oversize loose inserts extend outside the head of the issue (headers). They are loosely inserted in the magazine with the closed side to the binding edge. The maximum weight is subject to agreement.					
<b>Rates per 1,000</b>	<b>Weights up to</b>	<b>Total without Subs</b>	<b>Subs within Total</b>	<b>Partial circ. ex. Subs</b>	<b>Subs</b>	<b>Weights up to</b>	<b>Total without Subs</b>	<b>Subs within Total</b>	<b>Partial circ. ex. Subs</b>	<b>Subs</b>	
	20 g	81	100	89	118	20 g	101	126	111	144	
	30 g	86	109	95	127	30 g	131	164	144	182	
	40 g	91	125	100	143	every addl. 10 g	+10	+19	+10	+18	
	50 g	96	141	106	159						
	60 g	106	156	117	174						
	every addl. 10 g	+10	+19	+10	+18						
Loose inserts with tip-on elements on request.						*Plus 50 EUR per 1,000 postal fees.					
<b>Circulation</b>	Minimum circulation: 50,000 copies in the single copy circulation or total domestic subscription. The subscription circulation cannot be partially booked.					Minimum circulation: 50,000 copies in the single copy circulation or total domestic subscription. The subscription circulation cannot be partially booked.					

<b>Glued inserts</b>							<b>Bound inserts</b>				
<b>Definition</b>	Glued (tip-on) inserts are products which are supplied ready for processing and glued to a carrier ad so that they can be easily removed by the reader.						Bound inserts are printed materials/brochures from a single advertiser that are firmly bound into the issue. They can either be delivered ready for processing or produced by us on request.				
<b>Rates per 1,000</b>	<b>Special ad format</b>	<b>Weights up to</b>	<b>Total without Subs</b>	<b>Subs within Total</b>	<b>Partial circ. ex. Subs</b>	<b>Subs</b>	<b>Pages</b>	<b>Total without Subs</b>	<b>Subs within Total</b>	<b>Partial circ. ex. Subs</b>	<b>Subs</b>
	Booklet	10 g	55	69	61	87	4	79	99	87	113
	Booklet	20 g	59	77	65	95	8	84	105	92	123
	every addl. 10 g		+12	+15	+12	+18	12	89	116	98	134
	Product sample	10 g	61	76	67	94	16	91	123	100	141
	Product sample	20 g	71	92	78	110	every addl. 4 pages	+12	+15	+12	+18
	Flat spray / Teabags*		111	139	122	157					
	*Plus 100 EUR per 1,000 additional technical costs and 100 EUR per 1,000 postal fees for thicker products. Other tip-ons on request.						Bound inserts with tip-on elements on request.				
<b>Circulation</b>	Minimum circulation: 100,000 copies. The subscription circulation cannot be partially booked. Carrier ad: minimum full page in the total circulation (rate according to rate card)						Minimum circulation: 100,000 copies. The subscription circulation cannot be partially booked.				

<b>Price Quotes</b>	Rates per thousand copies started. Rates for special ad formats may increase if their processing causes problems. Special ad formats from more than one advertiser are possible following special agreement. Weight-related postal fees charged by the German Post for booking the subscription circulation are included in these prices. If the minimum booking quantity is not reached, the minimum booking quantity is used as the basis for calculating the price.
<b>Circulation</b>	For technical reasons the booked circulations are subject to fluctuation. For this reason the quantity of special ad formats actually required must be determined when placing the order. Different versions in the same issue are only possible on request.
<b>Technical Information and Delivery</b>	Binding technical information, deadlines, samples, as well as delivery can be downloaded from <a href="http://www.adspecial-portal.de">www.adspecial-portal.de</a> . An inquiry regarding the circulation can also be placed through the portal. In the event of any processing difficulties, the completion of the circulation takes precedence over the special ad format.
<b>Print Service</b>	On request, the special ad formats can be produced by the publisher. Prices on request.
The total prices also apply when booking the domestic circulation. All rates are shown in euros; the rates are in effect from 1 January 2026 for bookings through RTL AdAlliance; value added tax will be charged on the net invoice amount if applicable.	

# Closing date schedule

Issue No.	On Sale Date <sup>1</sup>	Calendar Week	Ad Closing, Copy & Cancellation Date	Last Minute Ads	Special Ad Formats Closing & Cancellation Date	Special Ad Formats Delivery Date
2/2026	07/01/2026	02	02/12/2025	19/12/2025	02/12/2025	16/12/2025
3/2026	14/01/2026	03	09/12/2025	02/01/2026	09/12/2025	23/12/2025
4/2026	21/01/2026	04	16/12/2025	09/01/2026	16/12/2025	06/01/2026
5/2026	28/01/2026	05	23/12/2025	16/01/2026	23/12/2025	13/01/2026
6/2026	04/02/2026	06	06/01/2026	23/01/2026	06/01/2026	20/01/2026
7/2026	11/02/2026	07	13/01/2026	30/01/2026	13/01/2026	27/01/2026
8/2026	18/02/2026	08	20/01/2026	06/02/2026	20/01/2026	03/02/2026
9/2026	25/02/2026	09	27/01/2026	13/02/2026	27/01/2026	10/02/2026
10/2026	04/03/2026	10	03/02/2026	20/02/2026	03/02/2026	17/02/2026
11/2026	11/03/2026	11	03/02/2026	27/02/2026	03/02/2026	24/02/2026
12/2026	18/03/2026	12	10/02/2026	06/03/2026	10/02/2026	03/03/2026
13/2026	25/03/2026	13	17/02/2026	13/03/2026	17/02/2026	10/03/2026
14/2026	31/03/2026	14	23/02/2026	19/03/2026	23/02/2026	16/03/2026
15/2026	08/04/2026	15	27/02/2026	25/03/2026	27/02/2026	20/03/2026
16/2026	15/04/2026	16	10/03/2026	01/04/2026	10/03/2026	27/03/2026
17/2026	22/04/2026	17	17/03/2026	10/04/2026	17/03/2026	07/04/2026
18/2026	28/04/2026	18	23/03/2026	16/04/2026	23/03/2026	13/04/2026
19/2026	06/05/2026	19	30/03/2026	23/04/2026	30/03/2026	20/04/2026
20/2026	12/05/2026	20	07/04/2026	29/04/2026	07/04/2026	24/04/2026
21/2026	20/05/2026	21	13/04/2026	07/05/2026	13/04/2026	04/05/2026
22/2026	27/05/2026	22	20/04/2026	13/05/2026	20/04/2026	08/05/2026
23/2026	03/06/2026	23	28/04/2026	21/05/2026	28/04/2026	18/05/2026
24/2026	10/06/2026	24	04/05/2026	29/05/2026	04/05/2026	26/05/2026
25/2026	17/06/2026	25	12/05/2026	05/06/2026	12/05/2026	02/06/2026
26/2026	24/06/2026	26	19/05/2026	12/06/2026	19/05/2026	09/06/2026
27/2026	01/07/2026	27	26/05/2026	19/06/2026	26/05/2026	16/06/2026
28/2026	08/07/2026	28	02/06/2026	26/06/2026	02/06/2026	23/06/2026
29/2026	15/07/2026	29	09/06/2026	03/07/2026	09/06/2026	30/06/2026
30/2026	22/07/2026	30	16/06/2026	10/07/2026	16/06/2026	07/07/2026
31/2026	29/07/2026	31	23/06/2026	17/07/2026	23/06/2026	14/07/2026
32/2026	05/08/2026	32	30/06/2026	24/07/2026	30/06/2026	21/07/2026
33/2026	12/08/2026	33	07/07/2026	31/07/2026	07/07/2026	28/07/2026
34/2026	19/08/2026	34	14/07/2026	07/08/2026	14/07/2026	04/08/2026
35/2026	26/08/2026	35	21/07/2026	14/08/2026	21/07/2026	11/08/2026
36/2026	02/09/2026	36	28/07/2026	21/08/2026	28/07/2026	18/08/2026
37/2026	09/09/2026	37	04/08/2026	28/08/2026	04/08/2026	25/08/2026
38/2026	16/09/2026	38	11/08/2026	04/09/2026	11/08/2026	01/09/2026
39/2026	23/09/2026	39	18/08/2026	11/09/2026	18/08/2026	08/09/2026
40/2026	29/09/2026	40	24/08/2026	17/09/2026	24/08/2026	15/09/2026
41/2026	07/10/2026	41	01/09/2026	25/09/2026	01/09/2026	22/09/2026
42/2026	14/10/2026	42	08/09/2026	02/10/2026	08/09/2026	29/09/2026
43/2026	21/10/2026	43	15/09/2026	09/10/2026	15/09/2026	06/10/2026
44/2026	28/10/2026	44	22/09/2026	16/10/2026	22/09/2026	13/10/2026
45/2026	04/11/2026	45	29/09/2026	23/10/2026	29/09/2026	20/10/2026
46/2026	11/11/2026	46	06/10/2026	30/10/2026	06/10/2026	27/10/2026
47/2026	18/11/2026	47	13/10/2026	06/11/2026	13/10/2026	03/11/2026
48/2026	25/11/2026	48	20/10/2026	13/11/2026	20/10/2026	10/11/2026
49/2026	02/12/2026	49	27/10/2026	20/11/2026	27/10/2026	17/11/2026
50/2026	09/12/2026	50	03/11/2026	27/11/2026	03/11/2026	24/11/2026
51/2026	16/12/2026	51	10/11/2026	04/12/2026	10/11/2026	01/12/2026
52/2026	22/12/2026	52	16/11/2026	10/12/2026	16/11/2026	07/12/2026
1/2027	29/12/2026	53	18/11/2026	15/12/2026	18/11/2026	10/12/2026

<sup>1</sup> BELLA, TINA

Current topics can be found on <https://contentfinder.ad-alliance.de>.

For technical reasons only best-possible positions can be offered for last-minute ads (depending on disposability).

## Profile

TINA SCHLANK and TINA SCHLANK SOMMER deal with the topics of conscious nutrition, sport and healthy body awareness. The focus is not primarily on dieting, but on the principle of effective and pleasurable weight loss. In addition to recipes for every day, the special issue offers expert background knowledge as well as sports and motivational stories.

**Cover price** €2.80  
**Circulation** 210,000 print circulation (Publisher's Information 2024)



## Formats on single pages

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
1/1	normal	inner	210 x 280	11,730

## Closing dates schedule

Issue No.	On Sale Date	Calendar Week	Ad Closing, Copy & Cancellation Date
1/26	06/01/2026	02	20/11/2025
4/26	09/06/2026	24	24/04/2026

**Profile**

Perfect? It never is. The seams a little crooked, the color a touch runny. But homemade, with your own hands, love and heart. When crafting and working, the journey is the reward. You can find lots of ideas and inspiration for great new projects in TINA KREATIV.

**Cover price** €3.00  
**Circulation** 210,000 print circulation (Publisher's Information 2024)



**Formats on single pages**

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
1/1	normal	inner	210 x 280	11,730

**Closing dates schedule**

Issue No.	On Sale Date	Calendar Week	Ad Closing, Copy & Cancellation Date
2/26 KREAT. ZU- HAUSE	17/02/2026	08	08/01/2026
5/26 KREATIV	25/08/2026	35	16/07/2026

## Profile

At the start of the spring and gardening season, TINA presents the most beautiful gardens with the special issue TINA GARTEN and offers a wide range of inspiration on the topics of fruit, vegetables, plants and country recipes. A magazine that makes you want to enjoy the garden and nature to the full!

**Cover price** €3.00  
**Circulation** 210,000 print circulation (Publisher's Information 2024)



### Formats on single pages

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
1/1	normal	inner	210 x 280	11,730

### Closing dates schedule

Issue No.	On Sale Date	Calendar Week	Ad Closing, Copy & Cancellation Date
3/26	17/03/2026	12	07/02/2026

# TINA ADVENT



## Profile

Advent is more than just a beautiful time, it is a feeling of home, of security and togetherness. TINA has put together the most beautiful pages on this theme in the special ADVENT issue: Do-it-yourself gifts, Christmas packaging and festive decorations to get you in the mood for Christmas.

<b>Cover price</b>	€3.00
<b>Circulation</b>	210,000 print circulation (Publisher's Information 2024)



## Formats on single pages

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
1/1	normal	inner	210 x 280	11,730

## Closing dates schedule

Issue No.	On Sale Date	Calendar Week	Ad Closing, Copy & Cancellation Date
6/26	28/09/2026	40	19/08/2026

**Profile**

The pre-Christmas period marks the beginning of a time of reflection. We make ourselves comfortable at home, reflect on the really important things in life and come back to ourselves. This is the time of year when we are particularly concerned with questions about the meaning of life. TINA ASTRO not only wants to answer all these questions, but also provide inspiration!

**Cover price** €3.50  
**Circulation** 210,000 print circulation (Publisher's Information 2024)



**Formats on single pages**

Format	Format additions	Ad placement	Bleed format (width x height in mm)	Mono/Multi colour
1/1	normal	inner	210 x 280	11,730

**Closing dates schedule**

Issue No.	On Sale Date	Calendar Week	Ad Closing, Copy & Cancellation Date
7/26	17/11/2026	47	08/10/2026

# General information



<b>Publisher</b>	Heinrich Bauer Verlag KG
<b>Marketers</b>	RTL AdAlliance S.A., Headquarters Luxembourg, 43, Boulevard Pierre Frieden, L-1543 Luxembourg, www.rtl-adalliance.com
<b>Order Processing</b>	E-Mail: print-order@ad-alliance.de
<b>Ad Management</b>	E-Mail: print-placements@ad-alliance.de Phone: +49 (0) 40 / 286686-4826
<b>Special Ad Formats</b>	Email: print-adspecials@ad-alliance.de Phone: (+49-40) 286686-4824
<b>COPY MATERIAL</b>	Mohn Media Mohndruck GmbH – Anzeigen MAT
	Email: anzeigen@bertelsmann.de Phone: (+49-5241) 80 - 897 00 Technical Specifications: Current and binding English-language information is available under: www.duon-portal.de Delivery of Copy Material: The centralized delivery address for copy material is: www.duon-portal.de For support please contact: support@duon-portal.de Telephone hotline: (+49-40) 37 41 - 17 50



Binding technical specifications for special ad formats are available online at [www.adspecial-portal.de](http://www.adspecial-portal.de)

## FREQUENCY

weekly

## ON SALE DATE

BELLA, TINA: Wednesday

## PZN

TINA PLUS 540249

## Conditions of Payment

Payment is due within 45 days after invoicing. A 2 % discount is granted for payments within 10 days after invoicing, provided no other amounts are outstanding. Special discounts are not eligible for a prepayment discount. An automatic bank debit transfer can be arranged. If an outstanding amount is not paid by the date of required payment, all other outstanding amounts are immediately due regardless of any payment agreements which had been previously made. Penalty interest on arrears will be charged according to Section 8 of the General Conditions of Business and based on current bank interest rates for running account credits.

## Conditions of Business

The distribution area of the booked print magazine(s) is worldwide. Ad Alliance GmbH reserves the right to restrict or exclude the distribution of advertisements/ad specials in foreign distribution areas in accordance with standardised, objectively justified principles. Ad Alliance GmbH will inform the client of this in advance. All business conducted is subject to the Publisher's Conditions of Payment and Terms of Trade which are available from the publisher or under [www.internationalmediasales.net/cob](http://www.internationalmediasales.net/cob). Tax regulations require that you include your Company Tax Number and/or Turnover Tax ID when placing an advertising space order.

THE INFORMATION CONTAINED IN THIS RATE CARD IS SUBJECT TO CHANGE DURING THE COURSE OF THE YEAR. A CURRENT RATE CARD CAN BE FOUND UNDER [WWW.INTERNATIONALMEDIASALES.NET](http://WWW.INTERNATIONALMEDIASALES.NET). THE ENGLISH RATE CARD IS A TRANSLATION OF THE CURRENTLY VALID GERMAN RATE CARD. IN THE EVENT OF DISCREPANCIES, INACCURACIES OR OMISSIONS IN THIS TRANSLATION, THE GERMAN ORIGINAL RETAINS SOLE VALIDITY.



Member of  
Informationsgemeinschaft zur Feststellung  
der Verbreitung von Werbeträgern e.V.  
(German Audit Bureau of Circulation)

# Sales offices



## Luxembourg (Headquarters)

RTL AdAlliance S.A.  
43, Boulevard Pierre Frieden  
L-1543 Luxembourg  
Email [rtladalliance\\_info@rtl.com](mailto:rtladalliance_info@rtl.com)

## Germany (Headquarters)

RTL AdAlliance GmbH  
Überseeallee 10  
20457 Hamburg  
Email [rtladalliance\\_info@rtl.com](mailto:rtladalliance_info@rtl.com)

## Austria

RTL AdAlliance  
Stella-Klein-Löw-Weg 11-17  
Haus C  
1020 Vienna  
Email [rtladalliance\\_at@rtl.com](mailto:rtladalliance_at@rtl.com)

## Belgium

RTL AdAlliance  
Coupure Rechts 64B  
9000 Ghent  
Email [rtladalliance\\_be@rtl.com](mailto:rtladalliance_be@rtl.com)

## Finland

RTL AdAlliance  
Sofiankatu 4 C  
00170 Helsinki  
Email [rtladalliance\\_fi@rtl.com](mailto:rtladalliance_fi@rtl.com)

## France

RTL AdAlliance  
157 Avenue Charles de Gaulle  
92200 Neuilly sur Seine  
Email [rtladalliance\\_fr@rtl.com](mailto:rtladalliance_fr@rtl.com)

## Germany

RTL AdAlliance  
Picassoplatz 1  
50679 Cologne  
Email [rtladalliance\\_de@rtl.com](mailto:rtladalliance_de@rtl.com)

## Italy

RTL AdAlliance  
Piazza Velasca 8  
20121 Milano  
Email [rtladalliance\\_ita-international-sales@rtl.com](mailto:rtladalliance_ita-international-sales@rtl.com)

## Netherlands

RTL AdAlliance  
Meeuwenlaan 98-100  
1021 JL Amsterdam  
Email [rtladalliance\\_nl@rtl.com](mailto:rtladalliance_nl@rtl.com)

## Norway

RTL AdAlliance  
Tordenskioldsgate 6  
0160 Oslo  
Email [rtladalliance\\_no@rtl.com](mailto:rtladalliance_no@rtl.com)

## Sweden

RTL AdAlliance  
Döbelnsgatan 21  
111 40 Stockholm  
Email [rtladalliance\\_se@rtl.com](mailto:rtladalliance_se@rtl.com)

## Switzerland

RTL AdAlliance  
Zeltweg 15  
P.O. Box 8032 Zurich  
Email [rtladalliance\\_ch@rtl.com](mailto:rtladalliance_ch@rtl.com)

## United Kingdom

RTL AdAlliance  
4 Tenterden Street London  
W1S1TE  
Email [rtladalliance\\_uk@rtl.com](mailto:rtladalliance_uk@rtl.com)

## USA - Los Angeles

RTL AdAlliance  
2900 W Alameda Ave  
CA 91505 Burbank  
Email [rtladalliance\\_usa@rtl.com](mailto:rtladalliance_usa@rtl.com)

## USA - New York

RTL AdAlliance  
1540 Broadway  
10019 NY  
Email [rtladalliance\\_usa@rtl.com](mailto:rtladalliance_usa@rtl.com)



You can find the current media portfolio at [www.ad-alliance.de](http://www.ad-alliance.de).  
Ad Alliance GmbH | Registered Office: Köln, Local court: Köln HRB 33057  
Executive Board: Carsten Schwecke, Frank Vogel

RTL AdAlliance is in charge of the international marketing of the Ad Alliance portfolio.



The General Terms and Conditions of Ad Alliance GmbH apply,  
available at [www.ad-alliance.de/agb](http://www.ad-alliance.de/agb).

Ad Alliance GmbH acts as a service provider for the marketer Media Impact GmbH & Co:  
Ad Alliance GmbH acts for Media Impact on behalf of and for the account of Media Impact GmbH & Co.  
The General Terms and Conditions of Media Impact GmbH & Co. KG apply,  
available at: [www.mediaimpact.de/de/agb](http://www.mediaimpact.de/de/agb), unless otherwise indicated.