

GOOD HEALTH

GOOD HEALTH embodies harmony with the body and the valuable combination of medical knowledge, healthy nutrition and well-being: GOOD HEALTH is the magazine for a healthy, life-affirming lifestyle, with an authentic layout and high-quality expert tips.



Print

Coverage	0.22 mill. ¹
Paid Circulation	21,804 ²
Frequency	8 x a year
Basic Rate 2026	EUR 18,080
Copypreis	5.90 EUR