FITBOOK

FITBOOK is the magazine for fitness and healthy living – inspiring and accessible to everyone. Being fit means staying healthy. FITBOOK provides information from experts, doctors, athletes, scientists, celebrities and influencers. The magazine motivates readers with tips on health, fitness, nutrition and self-improvement. Helpful. Relevant. Fresh. Motivating. Honest.



In-Stream

Views	**6.37 mill.**[1]
Net coverage	**1.35 mill.**[1]
Possible Video AIs	**0.04 mill.**[2]

[1]B4P 2026/I [2]Adserver 2026-10