

## At a glance

TINA KOCH & BACK-IDEEN provides ideas for everyday cooking. Simple but varied dishes for a healthy, balanced diet for the whole family. TINA KOCH & BACK-IDEEN is the homemade specialist.



### Print

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Coverage	<b>0.76 mill.</b> (ma 2026/I)
Paid Circulation	<b>31,722</b> (IVW 4/2025)
Frequency	<b>monthly</b>
Basic Rate 2026	<b>EUR 16,330</b>
Copypreis	<b>3.20 EUR</b>

