

FLOW

FLOW offers **inspiration**, insight and **positive food for thought**, and stands for conscious living with an awareness of the moment. FLOW is the magazine for **educated, creative and curious women**. It doesn't concern itself with fast-moving trends, but rather with topics that are important to the reader. FLOW impresses through its tactile feeling: costly production and paper-extras make the magazine unique.



Print

Coverage	0.43 mill. ¹
Paid Circulation	65,303 ²
Frequency	8 x a year
Basic Rate 2026	EUR 20,400
Copypreis	8.50 EUR