

ICH BIN EIN STAR - HOLT MICH HIER RAUS!

Germany will be going into the jungle again in 2025. On »Ich bin ein Star - Holt mich hier raus!« - the official podcast of the jungle camp, you get exclusive interviews with the candidates. Every day there is a summary of what happened in the camp, as well as an exclusive sneak peek at the next jungle test, which has not yet been published.



Keyfacts

Frequency	daily, Monday to Sunday
Ø length	30 minutes
Host	Inken Wriedt
Target group	Adults, 20 - 49 years
Theme cluster	TV & Entertainment
Reading	Host-Read, Presenter-Read

