



## FLOW

FLOW offers **inspiration**, insight and **positive food for thought**, and stands for conscious living with an awareness of the moment. FLOW is the magazine for **educated, creative and curious women**. It doesn't concern itself with fast-moving trends, but rather with topics that are important to the reader. FLOW impresses through its tactile feeling: costly production and paper-extras make the magazine unique.



### Print

Coverage	0.43 mill. <sup>1</sup>
Paid Circulation	69,972 <sup>2</sup>
Frequency	8 x a year
Basic Rate 2026	EUR 20,400
Copypreis	8.50 EUR